

## Diabetes

### **Alberta Health Services, Calgary Zone**

- [Alberta Health Services, Calgary Zone, diabetes information](#)
- [Diabetes self care record](#)
- [Reduce your cardiovascular risk](#)

### **Calgary Foothills Primary Network**

- [Services from the Calgary Foothills Primary Network](#)

### **Canadian Diabetes Association**

- [Canadian Diabetes Association](#)
- ["Just the Basics" brochure](#)
- [Diabetes products guide from the Canadian Diabetes Association web site](#)

### **University of Calgary**

- [On line diabetes essentials education](#)

### **Other Information**

- [Tips for Healthy Eating, Diabetes Management & Prevention](#)